The Copy On Write Pattern (COW)

given:

some physical memory partitioned into units, e.g. blocks

allocate/write/update-operations on units

solution:

hide physical addresses, e.g. LBA

make users share the data (without them even noticing)
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some physical memory partitioned into units, e.g. blocks
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solution:

hide physical addresses, e.g. LBA
make users share the data (without them even noticing)
copy physically only at allocate/write/update-time
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advantages:

saves considerable storage space (compared to twin block)

drawbacks:

managing overhead for tables

fragmentation

use-cases:

shadow storage, virtual memory, file systems, versioning